

# *Practice Clinic Dr. Gottschalck*



*Good health is our most precious possession*

Praxisklinik  
**Dr. Gottschalck**  
im Parkhotel Elisabeth

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# Practice Clinic Dr. Gottschalck



## Let us introduce ourselves

*Health can only prosper when body and soul are regarded and treated as a single entity. This is our conviction and our guiding principle at the Practice Clinic Dr Gottschalck.*

*We specialise in alternative methods of healing illnesses and maintaining the health of your entire organism. We combine the best of conventional medicine and natural healing to the benefit of our patients.*

*In order to implement our ideas about medicine in a personal and compassionate atmosphere we have acquired the Park Hotel Elisabeth. The clinic is located on the third floor of our friendly managed hotel; in the basement you will find the swimming pool and more treatment rooms. This means our patients receive comfort at hotel standards and personal service during their entire stay.*

# Arterial occlusive disease,

# Charcot's syndrome



*Behind the somewhat harmless sounding term Charcot's syndrome lies a serious disease: arterial occlusive disease (also known as smoker's leg). At its most serious this circulatory disorder can lead to amputation of the affected leg.*

*It is characterised by severe pain in the legs which repeatedly causes the patient to pause whilst walking. Patients often used to be ashamed of their condition and tried to hide their symptoms from other people.*

*The disease is caused by a sclerosis (calcification) of the arteries resulting in a hardening of the arterial walls and constriction of the vessels which can, in turn, result in an occlusion of the vessel.*

*Risk factors contributing to the development of arteriosclerosis include, above all, high blood pressure, a raised cholesterol level, smoking, diabetes, obesity, lack of exercise and psychological stress.*

*You can find more information on the Internet about Charcot's syndrome and its treatment at [www.praxisklinik-gottschalck.de](http://www.praxisklinik-gottschalck.de) or by telephone in a personal consultation.*

## *Treatment with intra-arterial infusion therapy using ATP (adenosine triphosphatase)*

*Adenosine triphosphatase (ATP) is one of the body's most important energy sources; it is created whenever sugar is broken down in the body.*

*In our intra-arterial infusion treatment, an infusion containing the active agent adenosine triphosphatase is infused directly into the groin artery.*

*This ensures that the muscle fibres around the vessel walls become soft and slacken, thereby enabling the arteries to widen so that blood can flow more easily through the legs. The new growth of small vessels is simultaneously encouraged. Pain is reduced. This treatment is particularly worthwhile because not only do the large vessels profit - as is customary with conventional treatments - but also the small and smallest vessels can be reached.*

*In the process, the active agent quickly breaks down in the body, meaning*

*that undesirable side effects are avoided. From a medical perspective, intra-arterial infusion therapy should normally comprise 10 to 12 administrations, thereby achieving a clear improvement of the symptoms.*

*The treatment's success is naturally also dependent on the cooperation of the patient. Blood pressure, blood sugar, fatty acids and uric acid should be regularly monitored by a doctor.*

*You can find more information on the Internet about Charcot's syndrome and its treatment at [www.praxisklinik-gottschalck.de](http://www.praxisklinik-gottschalck.de) or by telephone in a personal consultation.*

# Arthrosis, rheumatism, joint pain



## Cartilage live cell therapy

*So-called degenerative joint diseases are widespread. Symptoms increase as patients get older and every movement of the joint effected becomes agony. The diseases are often chronic, severely reducing quality and joy of life for those affected.*

*Chronic diseases such as arthrosis and associated joint pain are largely caused by deterioration of the articular cartilage. Many different kinds of stress and strain produce wear and tear on the cartilage and can ultimately, in the worst cases, lead to bone rubbing against bone.*

*In the Practice Clinic Dr Gottschalck we deploy our cartilage live cell therapy in cases of joint disease. Special cell compounds with articular cartilage cells are injected daily in a high-dose form into the musculature. These cartilage*

*cells can then reach the affected joint via the bloodstream. There they stimulate the regeneration of the affected articular cartilage and encourage the formation of new cells.*

*Sufferers from painful diseases such as arthrosis and rheumatism can find relief in all joints through cartilage live cell therapy. The treatment is purely biological, virtually free of risk and is well-tolerated. Both injection and in-house manufacture occur using the highest standards of hygiene. The number of injections and type of treatment to be given is determined in advance, taking into account the severity of the arthrosis. As a rule the injections are virtually pain-free. You can find more information on arthrosis, rheumatism, joint disease and treatment possibilities at [www.praxisklinik-gottschalck.de](http://www.praxisklinik-gottschalck.de) or by telephone in a personal consultation.*

## High energy impulse therapy

*Healthy cells working in a "failure-free" way are an essential prerequisite for a healthy organism. The metabolism of a healthy cell primarily fulfils two functions: firstly, oxygen is transported into the cell; secondly, waste is transported outwards. If this cell metabolism is impaired, then the cells cannot perform their tasks in the body and health disorders occur. Treatment using a pulsed high-energy magnetic field can raise the cells' energy potential again, thereby promoting the process of self healing.*

*The conductivity of the cells and hence the tissue means that deployment of high-energy impulses can stimulate the cells' electric fields; tiny currents can flow through the diseased tissue. The energy of the pulsating magnetic fields can permeate, almost unimpeded, the entire diseased tissue, thereby influencing a variety of biochemical reactions. Cell functions can be normalised*

*and symptoms can be positively influenced. After only a few administrations significant pain relief can be achieved.*

*In the Practice Clinic Dr. Gottschalck we are working successfully with the TheraCell 100 machine, enabling us to offer our patients a reliable, pain-free treatment which is free of side effects.*

*You can find more information about arthrosis, rheumatism, joint disease and their treatment possibilities at [www.praxisklinik-gottschalck.de](http://www.praxisklinik-gottschalck.de) or by telephone in a personal consultation.*



## Heviz Thermal Therapy

*Our therapeutic mud compressions can be very beneficial and soothing for sufferers of joint pain caused by rheumatism or arthrosis.*

*We exclusively use a special therapeutic mud from Lake Heviz in Hungary. Its composition is substantially different from the peatbog mud used in conventional treatments. The mud is continually in contact with Lake Heviz's thermal waters, a fact which significantly determines its mineralogical, chemical*

*and biological structure. It is rich in humic acid and contains deep warmth which penetrates the articular capsules, aiding metabolism. Articular waste products, which are created by wear and tear in the articular cartilage and cause inflammation, can be broken down.*

*Further information about Heviz Thermal Therapy at [www.praxisklinik-gottschalck.de](http://www.praxisklinik-gottschalck.de) or by telephone in a personal consultation.*

## Physical Therapies

*The above-mentioned treatment methods to alleviate the symptoms of arthrosis, rheumatism and joint pains are normally administered in combination, in order to achieve the most optimal result possible. In addition to a thorough examination and a detailed diagnosis, we compile an individual treatment plan. Physical therapies are an important part of almost all treatment plans:*

- *Stimulation current therapy*
- *Microwave therapy*
- *Computer-controlled extension therapy*
- *Exercise therapy in warm water (31 ° C)*
- *Physiotherapy*
- *massage*

*Further information about physical therapies at [www.praxisklinik-gottschalck.de](http://www.praxisklinik-gottschalck.de) or by telephone in a personal consultation.*

# Complementary cancer treatments

# Alternative cancer treatment



## Biological cancer treatment with mistletoe , selenium and thymus injections

Biological cancer treatment represents an important supplement to the three conventional treatments of surgery, radiation and chemotherapy and an integral part of a customised holistic treatment plan. Conventional treatment might be necessary in the fight against cancer but usually leads to severe side-effects. Patients are physically weakened, the immune system is intensely under attack and many patients are strongly affected psychologically. Complementary cancer treatment can lead to an improvement in quality of life and considerably reduce these side-effects.

The immune system is not only affected by the illness itself but also severely weakened by the treatments. Thymus therapy can be useful here. Special thymus extracts can both raise the number of defence cells and increase their activity. Accredited studies have proved that thymus treatment strengthens the human immune system. In addition to large-dose thymus and selenium injections we also success-

fully administer treatment with mistletoe extracts and special splenic compounds. Splenic (lienal) compounds strengthen the body's defence system in a similar way to thymus. From the mistletoe plant it is possible to isolate mistletoe lectin 1, which not only raises the activity and number of defence cells but also stimulates the release of endorphins. These have a positive effect on the patient's mood.

We combine classical medicine with holistic and complementary approaches in order to offer patients the best possible treatment.

Further information about complementary cancer treatment at [www.praxisklinik-gottschalck.de](http://www.praxisklinik-gottschalck.de) or by telephone in a personal consultation.

## Galvano therapy, also known as ECT, electro-cancer therapy

Galvano therapy, also known as electro cancer therapy, is a gentle and careful way to treat tumours. The cells of cancer tumours possess significantly higher levels of electrical conductivity than healthy cells. Galvano therapy makes use of this fact. Electrodes producing a tiny direct current are applied to the tumour; electricity always finds its path according to the principal of the lowest resistance meaning that the direct current tends to flow through the tumour tissue rather than through healthy cells. The electricity focalises in the tumour and a depolarisation takes place within the cell. As a result hydrochloric acid forms in the tumour cell and ultimately destroys it.

Healthy, adjoining tissue is not affected in this case, because the treatment current is dosed so that it allows no active and therefore damaging electricity to penetrate. Side-effects are virtually eliminated and have not been observed to date. At the Practice Clinic Dr Gottschalck we work with computer-controlled, newest generation treatment machines and incorporate follow-ups

and treatment documentation. Galvano therapy is suitable for the treatment of prostate, lung and liver cancer as well as stomach cancers and metastases and equally for all other tumours in the abdomen. Skin cancers such as basaliomas, spinaliomas, benign and malignant melanomas and skin metastases can also be treated with great success. With Galvano therapy the danger of metastasis can be practically excluded; the treatment counteracts metastasis in a pre-emptive capacity.

More information about alternative cancer treatments at [www.praxisklinik-gottschalck.de](http://www.praxisklinik-gottschalck.de) or by telephone in a personal consultation.

# Strengthening the immune system



## Thymus therapy

*Become older but not old! A well-functioning immune system is a prerequisite for healthy living right up until old age. There are many reasons why our immune system becomes weakened, the natural aging process is one; another is chronic diseases such as rheumatism and arthrosis. Cancer treatment also enormously weakens the immune system; patients feel limp and burned-out, unmotivated and tired. A weakened immune system allows viruses, bacteria and fungus to find their way into the body; we become more susceptible to illness. A thymus therapy, as used successfully in our clinic, can provide a long-term strengthening of the body's own defences. Our treatment procedure, an injection therapy, deploys active thymus extracts known as thymus peptides. They are manufactured from the thymus glands of sheep or calves using a special procedure and are generally well-tolerated. The patient's*

*body is supported in its defence against pathological disturbances, enabling illnesses to be prevented. This effect has been proven in clinical studies, for example showing a reduction in painkiller consumption.*

*Aim of the treatment is to improve general metabolism and activate the body's own defence system. After a short time most patients can feel an increased ability to withstand stress, more energy and are less prone to illness.*

*More information about thymus therapy at [www.praxisklinik-gottschalck.de](http://www.praxisklinik-gottschalck.de) or by telephone in a personal consultation.*

## Live cell therapy

*A person's body is composed of cell clusters which continually renew themselves. This regeneration capacity decreases as we get older. Diseased cells die away. The normal aging process of all organs, including the skin, is based on the fact that more cells die away than are renewed.*

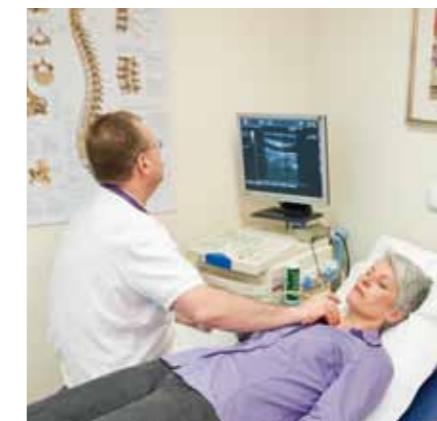
*General live cell therapy can be traced back to the pioneer of live cell therapy, Prof. Dr Niehans. Under strict pharmacological and hygienic conditions, live cells obtained from animals are processed to create extracts which can be injected. Rigorous checks are made throughout the entire process. Live cell therapy is used to regenerate the entire organism, thereby combating the aging process. This results in an increased feeling of well-being and more*

*energy. The combination of the different types of organ cell is customised for each patient on an individual basis.*

*Live cell therapy is purely biological, virtually risk-free and well-tolerated. Both the injection and in-house manufacture occur using the highest standards of hygiene. The donating animals come from our own herds and are under the supervision of veterinarians.*

*You can find more information about live cell therapy at [www.praxisklinik-gottschalck.de](http://www.praxisklinik-gottschalck.de) or by telephone in a personal consultation.*

# Power and energy



## Infusion oxygen therapy

*In order to remain healthy, energetic and active, each individual cell needs to receive a daily supply of energy-rich clean oxygen, just as much as its supply of vitamins and minerals. If the supply is insufficient, or if the “energy stores” of the cells are empty because of psychological or physical stress, then we feel limp and weary. We are more susceptible to infection and less able to concentrate, we feel exhausted, lack in motivation, have problems sleeping and sometimes are even prone to depressive moods.*

*The oxygen therapy used in our clinic is a natural healing procedure which aims to raise the level of oxygen saturation in the tissues and was developed by Professor von Ardenne. We combine this oxygen therapy with special vitamin and mineral infusions to improve the cells’ oxygen processing and to absorb free radicals.*

*In addition light physical or mental activity is used to stimulate circulation. The body’s empty “energy stores” are thereby refilled. This effect usually occurs relatively quickly; even after the first treatments, patients experience an increased feeling of overall well-being.*

*More information about infusion oxygen therapy at [www.praxisklinik-gottschalck.de](http://www.praxisklinik-gottschalck.de) or by telephone in a personal consultation.*

## Ozone autohemotherapy

*The aim of autohemotherapy (own blood therapy) is to increase the body’s own oxygen utilisation, meaning that more oxygen can flow into the blood and also the organs.*

*All human cells require oxygen for their metabolism. If this is not available in sufficient quantities then efficiency sinks and, at worst, the cell dies away. Autohemotherapy can help in this situation. Even if the body is not in a position to supply the tissue with vital oxygen itself, as can occur in circulatory disorders such as smoker’s leg or heart attack, ozone autohemotherapy can be used to assist.*

*To put it simply: during ozone autohemotherapy 150 – 200ml of blood is extracted from the patient’s arm vein using a disposable dropper bottle. This*

*blood is enriched with a mixture of ozone-oxygen and then administered back to the patient using the existing venous access point via an infusion.*

*This principle enables ozone and oxygen to be absorbed in substantially larger quantities and, when they flow back into the vascular system, to reach damaged cells in the body. Ozone autohemotherapy is used for overall revitalisation and in cases of circulatory disorders, strokes (cerebral apoplexy) angina pectoris and chronic inflammations.*

*More information about ozone autohemotherapy at [www.praxisklinik-gottschalck.de](http://www.praxisklinik-gottschalck.de) or by telephone in a personal consultation.*

# Young, active and fit



## H3 cure according to Prof. Aslan

*The rejuvenating cure from within*

*The H3 cure according to Professor Aslan uses the substance procaine. It was originally developed for use as a local anaesthetic but Professor Aslan in particular soon detected further positive effects of this substance. Procaine aids circulation and supplies the cells with more oxygen; it is a “radical catcher” and soothes inflammation and pain. The immune system is strengthened and the memory is stimulated; there are no undesired side effects with this treatment.*

*The H3 cure according to Professor Aslan comprises the administration of a dose of procaine customised on an individual basis; for the patient this means a relative rejuvenation effect: the skin becomes tauter due to active*

*cell circulation and a raised level of collagen. Performance improves; overall well-being and the vegetative nervous system are strengthened.*

*The H3 cure according to Prof. Aslan should comprise 14 to 18 treatments. Additional administration of magnesium, vitamins and homeopathic substances intensify the anti-oxidant effect; these substances also strengthen and stabilise the body’s own immune system.*

*You can find more information about the H3 cure according to Prof. Aslan at [www.praxisklinik-gottschalck.de](http://www.praxisklinik-gottschalck.de) or by telephone in a personal consultation.*

## Simply beautiful

*There are many paths towards more youth and beauty. At the Practice Clinic Dr Gottschalck we carry out a treatment with hyaluronic acid and botulinum toxin, better known under its brand name of Botox®, with competence and discretion.*

*Botulinum toxin prevents nerve impulses from being carried over to the muscle cells, meaning that the muscle relaxes and wrinkles fade away. The effect lasts approximately 6 months, then a follow-up treatment is required.*

*For very deep and severe wrinkles an additional treatment with hyaluronic acid is recommended. This is a gelatinous substance normally stored between the skin cells. It absorbs large amounts of water and ensures, alongside the natural substance collagen, elasticity and tautness of the skin. As we age the amount of hyaluronic acid contained in the skin diminishes and the skin slackens. By injecting hyaluronic acid under the skin, even intense wrinkles such as nose-lip creases, frown lines and creases around the mouth can be*

*successfully treated. Naturally we only use accredited products so that side effects are extremely rare, even in cases of treatment over long periods.*

*You can choose if you would prefer to have the botulinum toxin and hyaluronic acid treatment at the Practice Clinic Dr Gottschalck as an outpatient, or if you would prefer to take up these services while staying in our hotel. In combination with treatments such as live cell therapy, infusion oxygen therapy, H3 cure according to Prof. Aslan or ozone autohemotherapy, your stay with us will become a “complete youth and beauty” programme.*

# Comfort and Atmosphere



## Our clinic

*We are convinced that health can only prosper in a relaxed and pleasant atmosphere. This is why we have acquired a beautiful, private 3-star superior hotel and integrated the Practice Clinic Dr Gottschalck there. For the duration of your treatment and, if you prefer, for longer; you will stay in a tastefully furnished hotel room, enjoying the service and comfort of our hotel. Of course the costs are no higher than if you were being treated in a hospital.*

*All rooms contain private bathroom, television, telephone, hairdryer, radio and all the comfort you would expect from a 3-star superior hotel. The clinic premises are located on the third floor of the hotel and can be easily reached with the lift.*

*Located directly beside the River Ahr, near the town centre and within walking distance of the Ahr-Resort and the casino, the Parkhotel Elisabeth is an ideal base for exploring the Ahr Valley and Bad Neuenahr. Our restaurant, which is exclusively available for hotel and clinic guests, offers delicious dishes for every*

*taste each morning, lunchtime and evening. If the weather is warm you can enjoy your meal outside on our sun terrace.*

*Swim a few laps in our pleasant swimming pool or enjoy sunbathing on our secluded roof terrace. Enjoy your afternoon tea or coffee in our lounge on the top floor of our hotel; here you can sit down and relax with a book to read or have a chat while enjoying the superb view over Bad Neuenahr, the River Ahr and the Kurpark (spa gardens).*

*Enjoy a wonderful cosmetic or wellness treatment in our own specially equipped wellness area. Our specialist therapists for cosmetics, yoga, Ayurveda and massage will gladly assist you.*

